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Human Performance Engineering

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Ergonomics Society
Registered Consultancy

WORKING WITH DISPLAY SCREEN EQUIPMENT



What we offer...

We offer a full suite of services and software to meet the requirements of the DSE Regulations.

We understand that every organisation is different, with individual people, requirements, practices, customs and procedures.

Therefore, we are happy to tailor our services and products to suit your working environment.

What are the DSE Regulations?

The Health and Safety (Display Screen Equipment) Regulations were introduced because of the rising number of injuries being reported from computer use. They came into force in January 1993 and were amended in 2003.

Broadly, the aim of the Regulations is to improve the safety of people whose jobs involve significant use of Display Screen Equipment.

The Regulations require employers to assess and minimise the risks by ensuring that computer workstations, workplaces, equipment and jobs are well designed and employees are provided with training and information about how the use DSE correctly.



DSE workstation assessment

Our workstation assessment process operates as follows:

One of our consultants meets the user at their workstation to take measurements and carry out a structured discussion based on the Regulations. In this way we gain an understanding of any problems the user might be having with the tasks, environment or equipment. The process typically lasts approximately an hour, although employees with specific problems, such as repetitive strain injury, musculoskeletal disorders, or pregnancy might require extra time and attention.

After the site visit, we compile a Report containing justified recommendations for meeting the Regulations and improving the health, safety and productivity of the employee.

We pride ourselves on our flexible services and quick turn round. We do not sell any DSE products (chairs, wrist-rests and so on) so our recommendations are based purely on the needs of the user.

DSE policy audit

Alternatively, we can carry out an independent audit of your company's DSE policy to make sure it complies with the current legal requirements. We can also check whether the assessments are being done competently and whether the employees' needs are being met.

DSE assessment software

Another option is to use a software application to meet the Regulations. Install our product *IDEAS* on your computers and your users can assess themselves and report any problems electronically. *IDEAS* can also automatically warn you when re-assessment is due.



Training courses for assessors

Some organisations might find it more appropriate to carry out the assessments in-house. So we offer a one day course to give personnel the skills and confidence to carry out DSE workstation assessments in the way that the Regulations require.

The course finishes with each delegate conducting a DSE assessment under the supervision of one of our experts.

Self assessment training courses

If self assessment suits your company more, we offer a training course to provide the background theory and practical exercises needed to meet the Regulations.

